



Glasgow Steiner School

52 Lumsden Street, Glasgow, G3 8RH Tel: 0141 334 8855
www.glasgowsteinerschool.org.uk
admin@glasgowsteinerschool.org.uk

30 August 2010

Dear Parents/Guardians

Thank you for expressing an interest in our Parent & Child group here at the Glasgow Steiner School. We hope you enjoy reading this information sheet and find that our ethos and environment will suit you and your child.

The cost of the Parent & Child class is £35.00 per term for the Friday Morning session and £40 per term for the Tuesday and Wednesday sessions which we respectfully request is paid in advance at the start of each term.

The school office will manage this part of the arrangement and invoice you when you take up your place. This payment is to secure your place within the group and cover the running costs of the class.

During school term time the groups meet weekly from 10am until 12 noon in Kingfisher Room.

If you are interested in joining a group or have any further questions, the group leader will be more than happy to assist you and can be contacted through the school on the above email address and telephone number.

Best wishes

The Glasgow Steiner School

The Glasgow Steiner School Parent and Child Group



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**Parent and Child: Tuesday, Wednesday, Friday
10.00am - 12.00pm**

At the Steiner School Parent and Child group we seek to provide a peaceful environment where parents and children can talk, work and play together. We also hope to provide a place where you can find the stillness in which to realise your particular skills and strengths as a parent.

The toys we use are simple carved wooden animals, hand sewn dolls and natural objects such as small wooden logs, pine cones and shells.

Each week we have a craft activity which changes as the season dictates. Parents and children sit together working the simplest of organic materials, such as naturally coloured sheep's wool, cotton and beeswax. The craft activity and free-play run alongside each other for around 50 minutes.

We then have circle time. Here the children listen to the story of a little child and the journey made from home to the countryside and back home again, via the animals in the fields and the woods or river mixed with familiar nursery rhymes and seasonal songs of childhood.

We then share a snack of simple organic food. A candle is lit and a song is sung as a reminder of the importance of sharing with one another.

The morning finishes with time in the garden, then a meeting in the "good-bye circle" where we sing a song which is both an affirmation of time together as well as a reminder of future meetings.

About Steiner Early Years

Steiner Early Years activities are based on the observation that from birth to the change of teeth, children learn by imitation and repetition. Children copy what we do. So within the group there is no expectation that you compel your child to join in, rather that you do so yourself.

Each session has its own rhythmic and seasonal quality which helps foster a sense of wonder in the eyes of your child. We need you to honour the times of stillness. We also need your focus around snack time and circle and we need your help and voice when we clear away. You paint, sew or draw and your child will do the activity through imitation of you until he or she is ready to join in. We offer you the opportunity to play without words. The children respond most strongly to what lives inside us, and when we are focused on whatever we are doing, the children relax.

Above are the principles we work with but none of these are more important than you and your child having a fun time and providing a listening ear if that is what you need. If you need to be held, the arms of the group will hold you. You are doing the most important job in the world.